



Sleep baby safe



ABCs
Alone
on the **B**ack
in a **C**rib
in **s**moke-free air



Tummy time



Share the message with others



Keep baby close



sleep baby safe

Risks

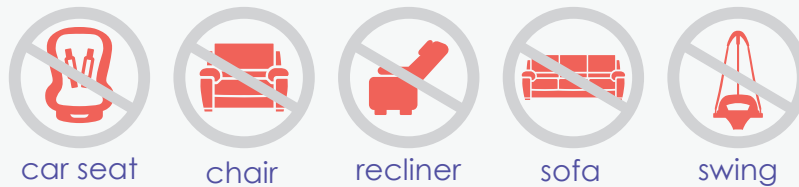
Sleeping in a bed or crib with



Sleeping with



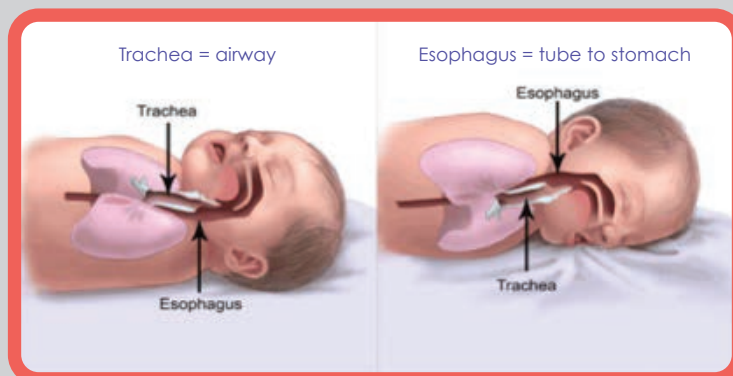
Sleeping on a soft surface



Smoking inside the car or house



Babies are less likely to choke when on their back



sleep baby safe

This initiative is a result of efforts by the Wisconsin Collaborative Improvement & Innovation Network (CoIIN) to Reduce Infant Mortality and sponsored by the federal Maternal and Child Health Bureau (MCHB) of HRSA.



Sleep baby safe



ABCs

Alone
on the **Back**
in a **Crib**
in **smoke-free air**



Tummy time



Share the message with others



Keep baby close



sleep baby safe

Risks

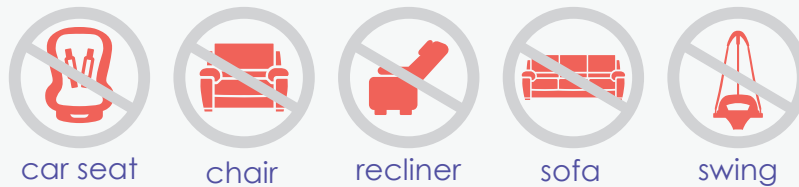
Sleeping in a bed or crib with



Sleeping with



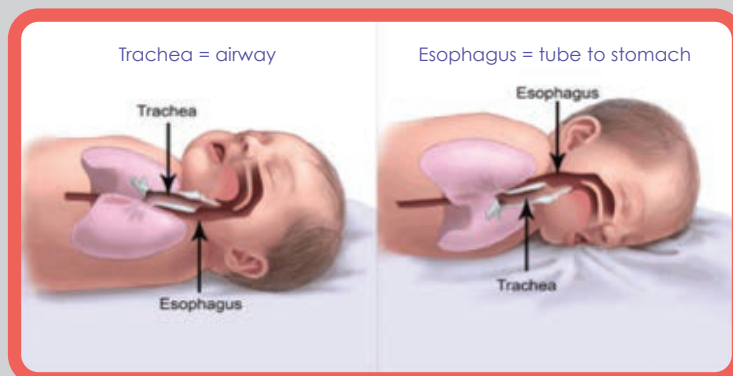
Sleeping on a soft surface



Smoking inside the car or house



Babies are less likely to choke when on their back



sleep baby safe

This initiative is a result of efforts by the Wisconsin Collaborative Improvement & Innovation Network (CoIIN) to Reduce Infant Mortality and sponsored by the federal Maternal and Child Health Bureau (MCHB) of HRSA.

အန္တရာယ်များ

ဒွိခြံဥမ္ဘာပိတ်ဝေခံ ခွံမ်းငါးငါးငါးခံ ခွံမ်းငါးခမ်းဒွင်ခံ ၊ ငါးငါးခံ ခွံမ်းငါးငါးခံ



ခေဝင်များ ၊ ခေါင်းခမ်းများ ၊ ခေရုပ်များနှင့် ခေဝင်ယာ
ခေကာခေရံများနှင့် ပေးခေဝင်ခြင်း



ပျော့ပြောင်းသော မျက်နှာပြင် ၊ ဝိုင်ခံများ ၊ ခေဝင်များ နှင့်

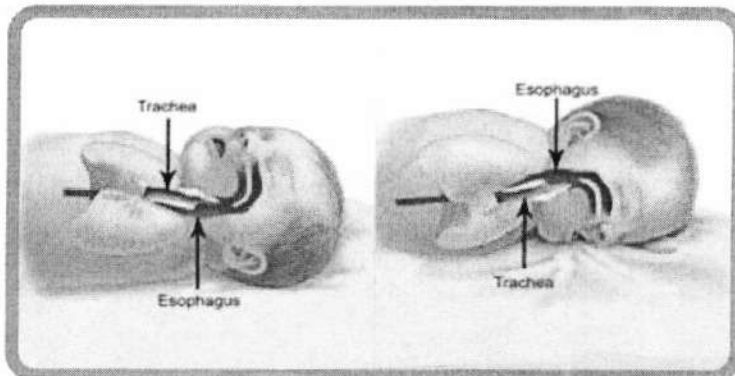


ပက်လက်ခေဝင်ကုလားဝိုင်များတွင် ပေးခေဝင်ခြင်း



ကားခေတွင်းထဲ နှင့် ခေဝင်ခေတွင်းထဲ ခေဝင်လိပ်သောကန်ခြင်း

ကလေးကိုပက်လက်ခေဝင်ခြင်းခေးပြင် လည်ချောင်းထဲမှ ခေဝင်နှင့်ပူကိုလျော့နည်းစေသည်။



ခေကြိုးပမ်းမှုသည် ကလေးခေသေခေပျောက်လျော့နည်းစေမို့ (ခေတူတကွပူးပေါင်းခေဝင်ရွက်မှုနှင့်
ခွမ်းမံပြုပြင် ခြင်းကွန်ရက်) **Wisconsin COLLN** ခေကြိုးပမ်းခေးထုပ်မှုရလဒ်ဖြစ်သည်။
ပြည်ထောင်စု ကိုယ်ဝန်ခေဝင်ခေဝင် နှင့် ကလေးကျန်းမာရေးဌာနက ထောက်ပံ့ပါသည်။

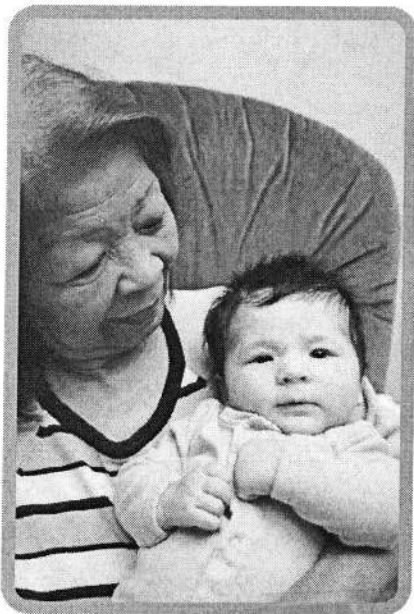
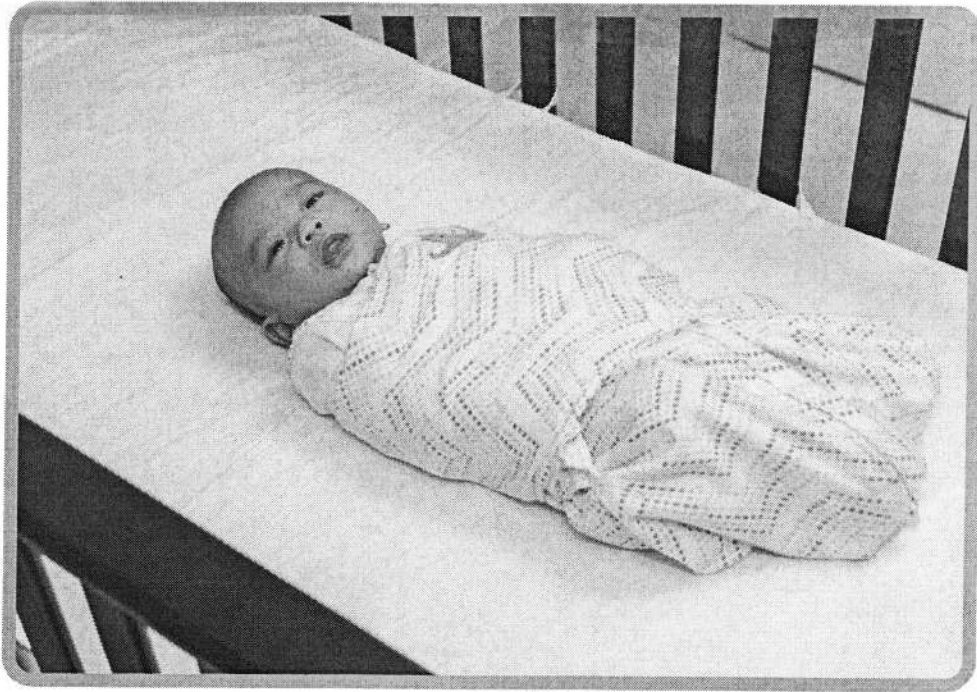


ကလေးကို အန္တရာယ်ယှဉ်တွင်ခွာခိပ်ခြင်း



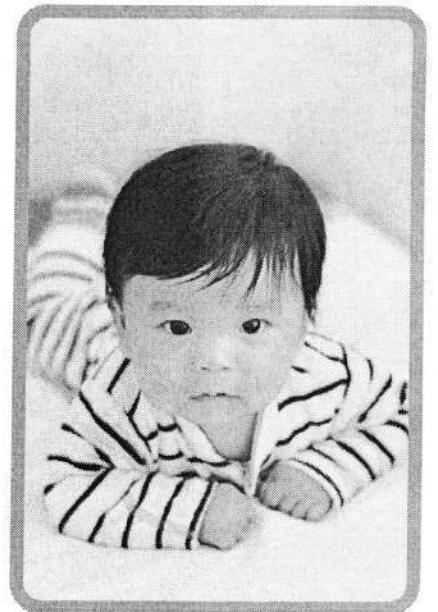
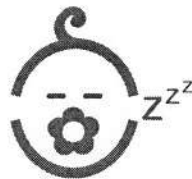
ABCS

တစ်ယောက်တည်းပေးခိပ်ပါ၊ ပက်လက်ပေးခိပ်ပါ၊ ကလေးရဲ့ ခိပ်ရာတွင်ပေးခိပ်ပါ၊ ဆေးလိပ်ငွေ့ မရှိတဲ့နေရာ



သတင်းစကားကို တခြားသူသို့ဝေမျှပါ။

ကလေးကို အနီးအနားတွင်ထားပါ။



မှောက်ခုံနေရမဲ့အချိန်



Sleep baby safe



ABCs

Alone, on the **Back**, in a **Crib** and in **smoke-free** air



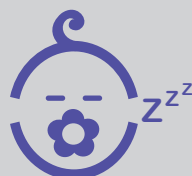
Share the message
with others



Keep baby close



Tummy time



sleep baby safe

Risks

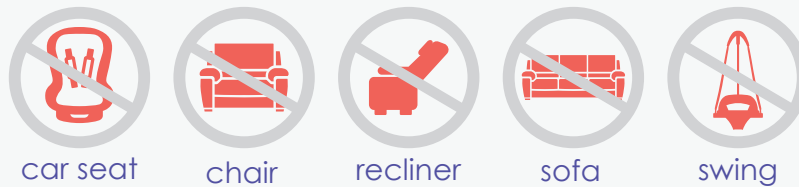
Sleeping in a bed or crib with



Sleeping with



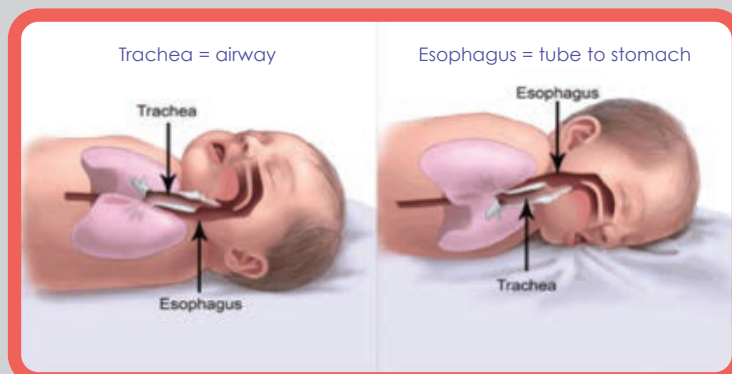
Sleeping on a soft surface



Smoking inside the car or house



Babies are less likely to choke when on their back



sleep baby safe

This initiative is a result of efforts by the Wisconsin Collaborative Improvement & Innovation Network (CoIIN) to Reduce Infant Mortality and sponsored by the federal Maternal and Child Health Bureau (MCHB) of HRSA.



Kev cob phum rau menyuam pw



ABCs

Nws pw nws ib leeg, ntxeev tij, rau hauv lub txaj muaj phab ntsa thaiv uas tsis fsw pa luam yeeb



Qhia cov ntsiab lus no rau lwm tug tib neeg



Muab caij rau nws ntxeev khwb rwg

kaw phab ntsa txaj kom thaiv tau me nyuam



Kev cob phum rau menyuam pw

Qhov tsis tso siab

Tso pw saum ib lub menyuam
txaj los sis pw saum txaj nrog



Kev uas tso pw nrog



Kev tso me nyuam pw rau qhov muag muag



rooj zaum

tog sofa

tog zaum
ncab taw

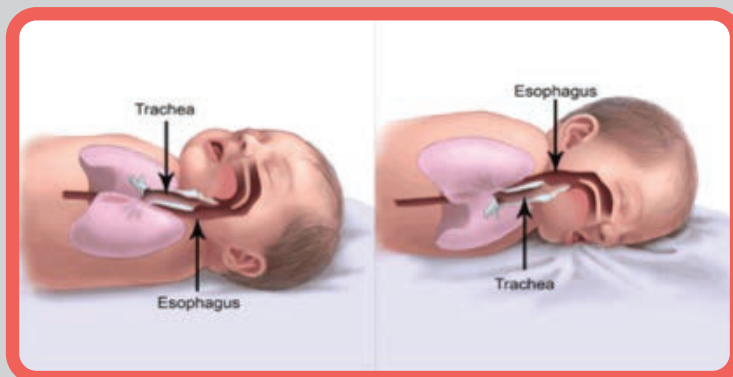
Haus luam yeeb hauv tsheb thiab hauv tsev



Menyuam yuav tsis npo pa yooj yim thaum pw ntxeev tiaj



Kev cob phum rau
menyuam pw



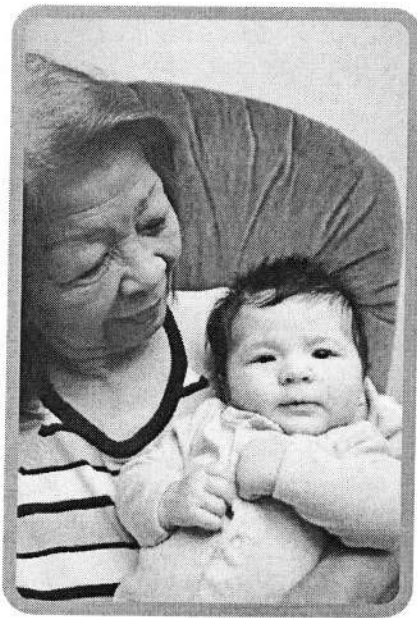
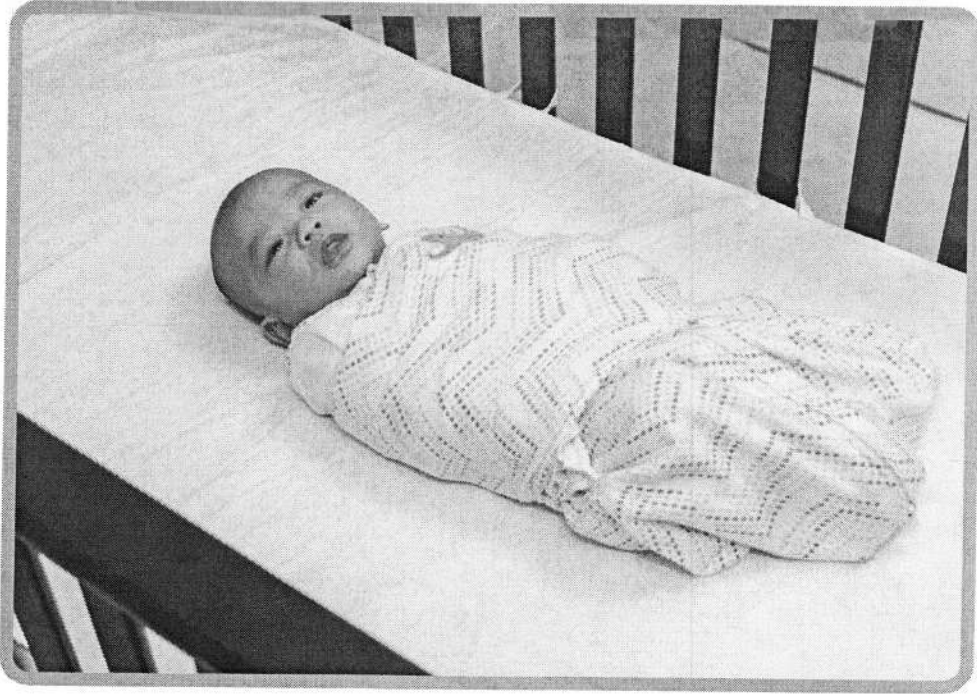


ဦးမံ မိသဉ်လၢတၢ်လၢအလီၤ တၢ်ယိၣ်တအိၣ်တၢ်အလီၣ်

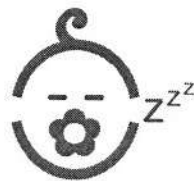
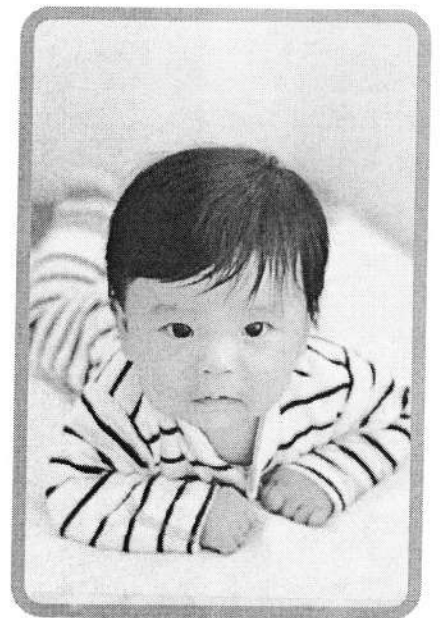
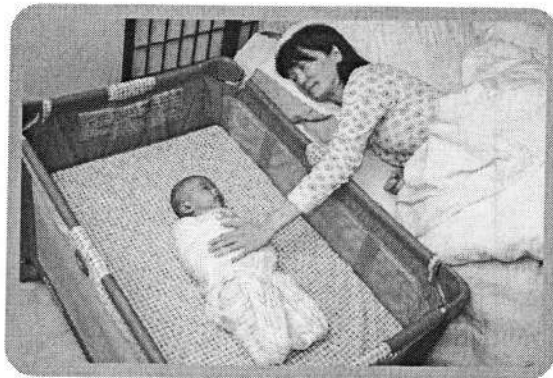


ABCS

ဦးမံအိၣ်ထဲၣ်တၢ်ဂၤ ဦးမံအိၣ်လၢ အိတိခိၣ် ဦးမံ အိၣ်လၢ ၵအကၢၣ်လီၣ်မံအပူၤ ခိးမံ အိၣ်လၢ မိၣ်ထူတန့ၣ် အလီၣ်



ပၣ်ဖိသဉ်လၢအဘူး



ရဲးလီၤ က့ၤတၢ်ကစီၣ်သ့ၣ်တဖၣ်လၢပုၤအဂ့ၢ်အဂၤအအိၣ်

ဖဲကျၢၢ်လီၤ အဆၢကတီၢ်

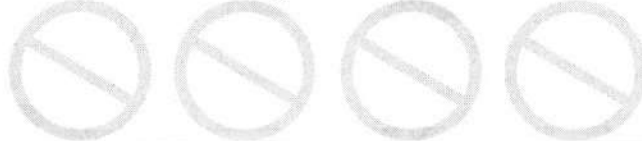
Image courtesy of the Safe to Sleep® campaign, for educational purposes only; Eunice Kennedy Shriver National Institute of Child Health and Human Development. <http://infantdeaths.nichd.nih.gov/Safe-to-Sleep/> is a registered trademark of the U.S. Department of Health and Human Services.

တၢ်လိၤတၢ်ယိၣ်သ့ၣ်တၢ်မၤ

ဖိၣ်ပၢ် ၊ ဒိပုၣ်ဝဲၣ်ဒီး ပှၤအဂ့ၤအဂၤသ့ၣ်တၢ်မၤ မံၤယုၣ်တပူၤ ဃီၤလၢ်လိၣ်မံၤခိၣ်



ခိၣ်သခၢၣ် ၊ ယၣ် ၊ တၢ်ဂီၤဖိ ဒီးလိၣ်မံၤလၢ အကၢၤတြိတံၢ်ယးအဂီၢ်န့ၤ
ဇူးမံၤအိၤ



တၢ်လၢ အကပူၣ်လှူးဖိ ၊ ခိၣ်လၢအကပူၣ်လှူးဖိ ၊ ခိၣ်ဖါဒီးခိၣ်လၢ
မံၤအိၤထီ ခိၣ်န့ၣ်သ့ၣ်တၢ်မၤန့ၤဇူးမံၤအိၤ

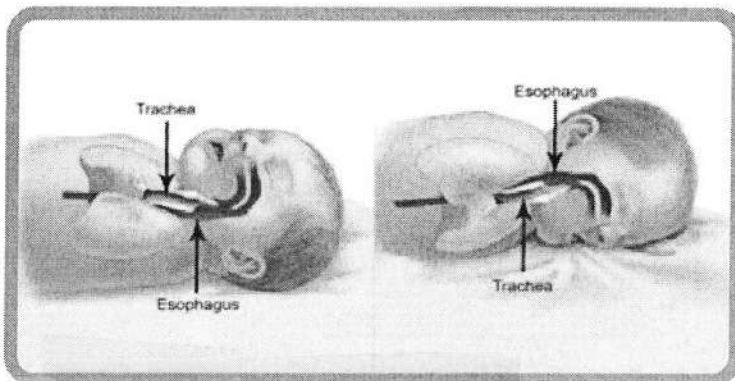
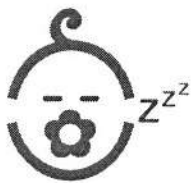


အိၣ်မိၣ်ထူလၢ ကါမူၤ ဒီးဟံၣ်ကိပူၤ



ဇူးမံၤမိၣ်သ့ၣ်လၢ အိၣ်ထီခိၣ်န့ၤ မ့ၣ်ခၣ်တၢ်တၢ်ခါလၢ အဂ့ၤန့ၣ်မိၣ်သ့ၣ်လၢ အမၤစ့ၤလိၤဝဲတၢ်အိၣ်အကျိၤ

ၤလွၢဠ်န့ၣ်ပွဲၤမၤ ဠ်ယၣ်ထုထုယထ



တၢ်ဂ့ၣ်ကျိၤဒီးဆၢးဝဲအံၤ ဒိမိသ့ၣ် သ့ၣ်တၢ်မၤသံဝဲကစ့ၤလိၤအဂီၢ်(ဖိပကယံၣ်ဖိၣ်မၤသကိးတၢ်တပူၤယိ
ဒီးမၤဂ့ၤထီၣ်က့ၤ Wisconsion Colln အတၢ်ကျိးစၢး အဆၢအဂီၢ်န့ၣ်လိၤ.
ပှၤမိၣ်ခၢမိဆး ဒီးမိသ့ၣ်တၢ်အိၣ်ဆူၣ်အိၣ်ဗျဲၤလိၣ်ဆိၣ်တွဲ မၤဆၢဝဲန့ၣ်လိၤ.



Sleep baby safe



ABCs

Alone
on the **Back**
in a **Crib**
in **smoke-free air**



Tummy time



Share the message with others



Keep baby close



sleep baby safe

Risks

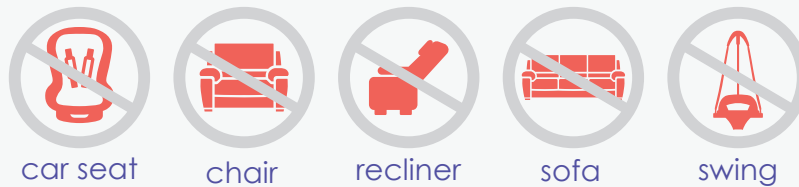
Sleeping in a bed or crib with



Sleeping with



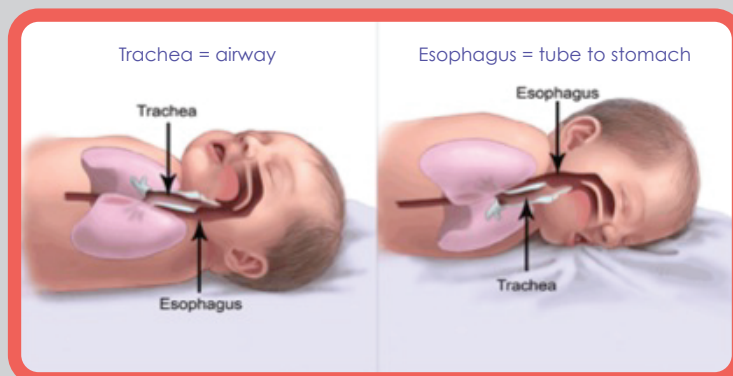
Sleeping on a soft surface



Smoking inside the car or house



Babies are less likely to choke when on their back



sleep baby safe

This initiative is a result of efforts by the Wisconsin Collaborative Improvement & Innovation Network (CoIIN) to Reduce Infant Mortality and sponsored by the federal Maternal and Child Health Bureau (MCHB) of HRSA.



Sleep baby safe



ABCs
Alone
on the **B**ack
in a **C**rib
in **s**moke-free air



Tummy time



Share the message with others



Keep baby close



sleep baby safe

Risks

Sleeping in a bed or crib with



Sleeping with



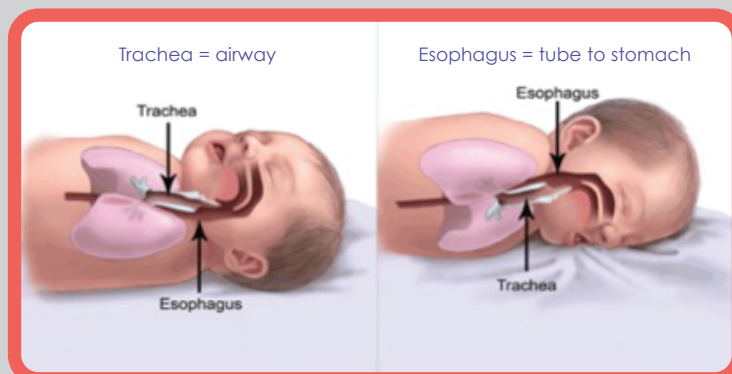
Sleeping on a soft surface



Smoking inside the car or house



Babies are less likely to choke when on their back



sleep baby safe

This initiative is a result of efforts by the Wisconsin Collaborative Improvement & Innovation Network (CoIIN) to Reduce Infant Mortality and sponsored by the federal Maternal and Child Health Bureau (MCHB) of HRSA.



Duerme seguro bebe



Lo básico

Solo

Boca arriba

En una cuna

En aire libre de humo de cigarrillo



Jugar boca abajo



Comparta el mensaje con otros



Mantenga al bebé cerca



duerme seguro bebe

Riesgos

Dormir en una cama o cuna con



Dormir con



Dormir en una superficie blanda



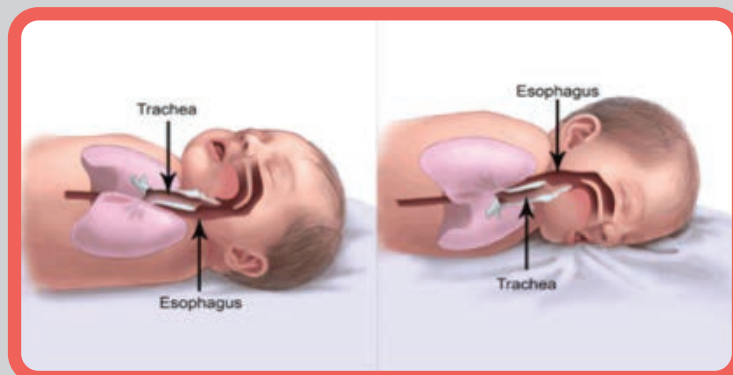
Fumar dentro del carro o la casa



Bebes tienen menos probabilidad de asfixiarse cuando estén boca arriba



duerme seguro bebe





Sleep baby safe



ABCs

Alone, on the **Back**, in a **Crib** and in **smoke-free** air



Tummy time



Share the message
with others



Keep baby close



sleep baby safe

Risks

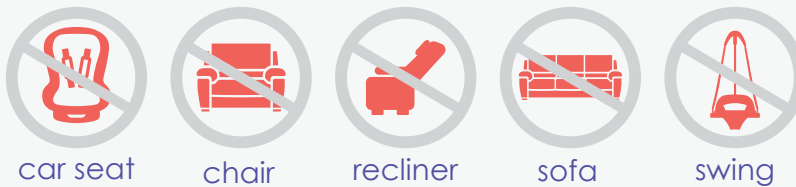
Sleeping in a bed or crib with



Sleeping with



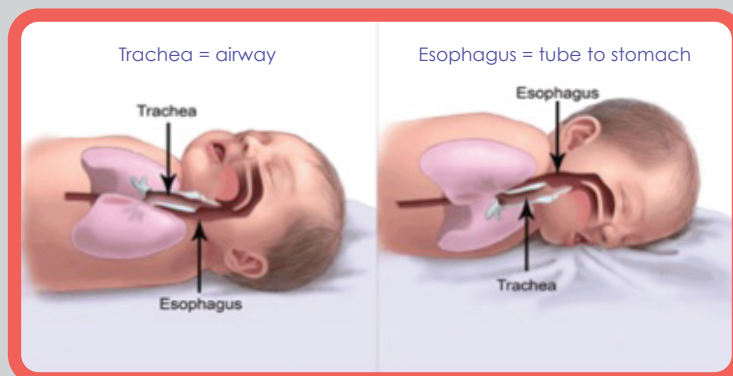
Sleeping on a soft surface



Smoking inside the car or house



Babies are less likely to choke when on their back



sleep baby safe

This initiative is a result of efforts by the Wisconsin Collaborative Improvement & Innovation Network (CoIIN) to Reduce Infant Mortality and sponsored by the federal Maternal and Child Health Bureau (MCHB) of HRSA.