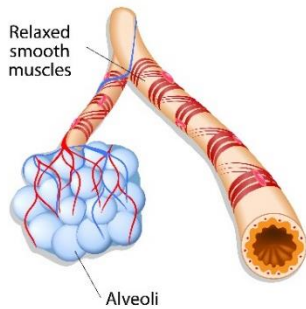


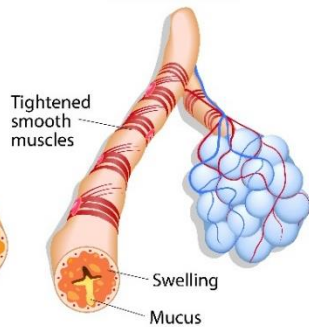
WHAT IS ASTHMA?

- A chronic lung disease
- Cannot be cured but can be controlled
- Airways become tight and inflamed
- Common symptoms include:
 - Wheezing
 - Shortness of breath
 - Coughing
 - Chest tightness

Normal Bronchial Tube (Airway)



Inflamed Bronchial Tube of Asthmatic



WHAT IS AN ASTHMA TRIGGER?

A trigger is something that causes asthma symptoms to start or worsen. Common asthma triggers include:

- Tobacco smoke
- Dust
- Pet dander
- Mold
- Pollen
- Odors



Our mission is to foster partnerships to improve asthma management, enhance quality of life, reduce disparities and prevent asthma-related deaths.

Learn more at
CHAWisconsin.org

SCHEDULE A WALKTHROUGH

Contact Carissa Hoium, MPH
Program Leader,
Environmental Health

(414) 337-4569 | choium@childrenswi.org

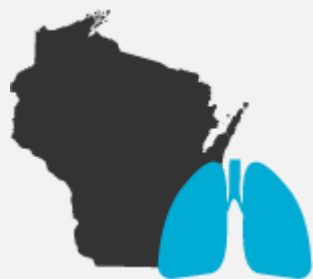
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WISCONSIN ASTHMA COALITION ENVIRONMENTAL WALKTHROUGH PROGRAM



ASTHMA IS COMMON, DEADLY AND DISRUPTIVE



In Wisconsin, half a million children and adults have asthma.



1 person dies every 5 days because of asthma.



1 in 3 children with asthma will miss a day of school.

ABOUT OUR WALKTHROUGH PROGRAM

Asthma is the leading cause of school absenteeism and disproportionately affects children younger than 5. Our walkthrough program helps schools and child care facilities identify, reduce and eliminate asthma triggers.

BENEFITS

- Free
- Low time commitment
- Flexible scheduling (virtual or in person)
- Reduce absenteeism
- Receive two continuing education (CE) hours for child care staff
- Increase awareness of asthma triggers
- Improve environment for kids and staff

3 Easy Steps to a More Asthma-Friendly Environment

1 CONTACT US

Contact the Wisconsin Asthma Coalition to schedule a virtual or in person walkthrough.

2 WALKTHROUGH

We will provide asthma education for interested staff. Next, you can either submit pictures to us or join us on a walk around your facility to find possible asthma triggers (1-2 hours).

3 TAKE ACTION

Our staff will provide a report of findings with simple ideas you can use to reduce or eliminate triggers.

**SCHEDULE YOUR WALKTHROUGH
TODAY! CALL (414) 337-4569**

